



WELCOME TO ENERGY!

FOR NEW VISITORS TO ENERGY! "JUST TRY IT"

TODAY'S DATE _____

ONE FREE GROUP CLASS*

\$25 Unlimited Two Weeks Group Fitness*

Are you a permanent resident of MN/WI YES NO
 I am a prior member of Energy . YES NO
 Do you need childcare? YES NO

** TWO WEEKS for the price of just one class! Must be a MN/WI resident. Must be new to studio. Not available for out-of-town guests, visitors or visiting college students. One per person.*

PLEASE PRINT LEGIBLY

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

This is where I currently reside: YES NO

DOB: Month _____ Day _____ Year _____ (our secret)

Cell Phone: _____

Email address: _____

Emergency Contact & Cell: _____

OTHER OPTIONS

\$25 Single Class (ages 12 and up)

\$180 One-Month Unlimited

\$99 Out-of-Towner Guests (8 days unlimited)



We also offer group fitness e-punch cards, VIP memberships (*with educator and military discount*). Ask our front desk for more information, or visit us at energypilatesfitness.com.

PAYMENT

CASH CHECK VISA MASTERCARD AMEX DISCOVER

Please give your credit card to receptionist to swipe.

HOW DID YOU HEAR ABOUT ENERGY?

Internet Search Drive By Member
 Friend Other: Please let us know!

→→PLEASE TURN PAGE OVER

Not redeemable for cash or to be combined with any other offers (i.e., groupons, gift certificates, membership specials and more). Not to be used for reformer or other paid training, classes, workshops, certifications or services. Does not include childcare costs. We urge all individuals to obtain a physical examination from a doctor before using any exercise equipment or participating in any exercise class. All exercises, including the use of weights and use of any and all machinery, equipment, and apparatus designed for exercising shall be at the individuals' sole risk. I understand that the agreement to use, or selection of exercise programs, methods and types of equipment shall be my entire responsibility at own risk, and Energy shall not be liable to member for any claims, demands, injuries, damages, or actions arising due to injury to member's person or property arising out of or in connection with the use by member of the services, facilities, and premises of the Energy. Member hereby holds Energy its officers, owners, agents and employees harmless by member or on member's behalf for any such injuries or claims.

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Signature: _____

Please send me information on :

- _____ Private Personal Training
- _____ Small Group Training (Pilates Reformer and Yoga Restore)
- _____ Epigenetic Endeavors (Personalized Lifestyle Medicine) with Dr. Julie
- _____ Health Coaching with Dr. Julie
- _____ Workplace Wellness Classes and Workshops
- _____ Private **GYMNASTICS** Training for kids
- _____ Private *Dance Training* for kids
- _____ I would like to schedule a **free** Pilates Reformer Session
- _____ I would like to schedule a **free** personal training session

OFFICE USE ONLY

Paid today: 1st class free **Cash** **Check no.** _____ **Credit Card** **Gift Card**

Form taken by (name) _____ Entered name into class: **YES NO**

Emergency contact added: **YES NO**

Address & Account info entered into Mindbody: **YES NO**

Billing Address is in cc information cell: **YES NO**

Proofread, no errors and punctuation correct: **YES NO** *Completed form to Kara's file.*

NOTES: